

Canada: Unauthorized workout supplements may pose serious health risks: Update

Health Canada is advising about unauthorized workout products that may pose serious health risks. The products are labelled to contain or have been tested and found to contain dangerous ingredients. Health Canada updates the table below when it finds unauthorized health products promoted as a workout aid.

The unauthorized products added are:

Product	Hazard Identified	Company
5% Knocked the Fck Out (Apple Cider)	Labelled to contain L-tryptophan	Smash Supplements 124B 1st St W Brooks, AB
5% Knocked the Fck Out (Hot Chocolate)		
Axe & Sledge – The Grind (Big Melons)		
Axe & Sledge – The Grind (Ice Blue Raspberry)		
Axe & Sledge – The Grind (Ice Cherry)		

Consumers are advised to stop using these products and consult their health care professional if they have used these products and have health concerns.

Please refer to the following website in Health Canada for details:

<http://recalls-rappels.canada.ca/en/alert-recall/unauthorized-workout-supplements-may-pose-serious-health-risks>

In Hong Kong, the above products are not registered pharmaceutical products. Related news was previously issued by Health Canada, and was posted on the Drug Office website on 23 Mar 2023 and 19 May 2023.

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